

Job Title:	Band 5 Family Wellbeing Nurse
Reports to (job title):	Healthy Family Team Leader
Line Manager to:	n/a

### Job purpose

The Family Wellbeing Nurse is a Registered Nurse or Midwife working as part of the Essex Child and Family Wellbeing Service in providing preventative and supportive health care to children, young people and their families within a Healthy Family Team. The post holder works with a public health focus under the supervision of a Specialist Community Public Health Nurse (SCPHN) to deliver the Healthy Child Programme within a variety of settings, including Home, Family Hub and Community Venues. The service includes the identification, monitoring of and provision of support to vulnerable children, including those whose welfare and safety may be at risk.

### This post is responsible for

- To work in partnership with children, families, parents and careers to identify health needs in order to negotiate appropriate intervention from the Essex Child and Family Well-Being Service or other relevant agencies.
- To update the Family Health Needs Assessments during routine contacts with children, young people and families liaising with the qualified SCPHN's when significant changes occur.
- To undertake child health reviews at key ages and make appropriate referrals in partnership with clients and families.
- To triage and follow up children and young people who have attended A & E or other minor injury units to offer health advice and support liaising with qualified SCPHN's or the safeguarding team as required.
- To work with children, young people and families where they are identified as requiring early help or reach the threshold of Child in Need (CIN), reporting to the qualified SCPHN and Named Nurse for Safeguarding Children as appropriate.
- To undertake work delegated by qualified SCPHN on child protection issues including health assessments and contribute to the child protection plan.
- To undertake Looked After Children (LAC) health assessments as required and contribute to the LAC Care Plan under the guidance of the qualified SCPHN.
- To facilitate groups and training to parents, including common illnesses and chronic conditions.
- To facilitate 0-8 community health drop ins
- To support the wider team with delivery of targeted interventions within group based settings or 1-1





### Our values

Our values are our moral compass and core to our DNA. They underpin the way we deliver our services and treat those who use our services.

To many organisations values are just words which don't translate into reality of the day to day but our values flow through everything that we do, they define who we are, what we stand for and set the expectations of our colleagues, communities, customers and partners. They have been defined by our colleagues and have been integral to our journey so far and will be integral to our future as well.

We have three values which help us stand out from the crowd, not just because there's only three, but because they are unique to who we are. We care, we think, and we do.

Care	Think	Do
<ul><li>Inspire</li></ul>	Challenge	Accountability
<ul> <li>Understand</li> </ul>	• Improve	<ul><li>Involve</li></ul>
Communicate	• Learn	<ul> <li>Resilience</li> </ul>

## Confidentiality and Information Security

As our employee you will be required to uphold the confidentiality of all records held by the company, whether patients/service records or corporate information. This duty lasts indefinitely and will continue after you leave the company's employment.

All information which identifies living individuals in whatever form (paper/pictures, electronic data/images or voice) is covered by the 2018 Data Protection Act and should be managed in accordance with this legislation. This and all other information must be held in line with NHS national standards including the <a href="Records Management: NHS Code of Practice">Records Management: NHS Code of Practice</a>, <a href="NHS Constitution">NHS Code of Practice</a> or disclosed lawfully. Monitoring of compliance will be undertaken by the Company. Failure to adhere to Information Governance policies and procedures may result in disciplinary action and, where applicable, criminal prosecution.

# Information governance responsibilities

You are responsible for the following key aspects of Information Governance (not an exhaustive list):

- Completion of annual information governance training
- Reading applicable policies and procedures
- Understanding key responsibilities outlined in the Information Governance acceptable usage policies and procedures including NHS mandated encryption requirements
- Ensuring the security and confidentiality of all records and personal information assets





- Maintaining timely and accurate record keeping and where appropriate, in accordance with professional guidelines
- Only using email accounts authorised by us. These should be used in accordance with the Sending and Transferring Information Securely Procedures and Acceptable Use Policies.
- Reporting information governance incidents and near misses on CIRIS or to the appropriate person e.g. line manager, Head of Information Governance, Information Security Lead
- Adherence to the clear desk/screen policy
- Only using approved equipment for conducting business

### Governance

Clinical governance is a framework through which organisations delivering health and care services are accountable to continuously improving the quality of their services and safeguarding high standards of care by creating an environment in which clinical and other forms of care flourishes. Employees must be aware that clinical governance places a duty on all staff to ensure that the level of care services they deliver to patients is safe and high quality, and that they follow/comply with our policies and procedures.

# Registered Health Professional

All staff who are a member of a professional body must comply with standards of professional practice/conduct. It is the post holder's responsibility to ensure they are both familiar with and adhere to these requirements.

### Risk Management/Health & Safety

The post holder has a responsibility to themselves and others in relation to managing risk, health and safety and will be required to work within the policies and procedures laid down by the company. Staff are required to observe the Hygiene Code and demonstrate good infection control and hand hygiene.

Employees must be aware of the responsibilities placed on them by the Health & Safety at Work Act (1974) to ensure that the agreed safety procedures are carried out to maintain a safe environment for other employees, patients and visitors. It is essential to observe strict fire and security precautions at all times.

All staff must report accidents, incidents and near misses so that the company can learn from them and improve safety.

### Safeguarding Children and Vulnerable Adults Responsibility

We are committed to safeguarding and promoting the welfare of children and adults at risk of harm and expects all employees to share this commitment.





## Medicines Management Responsibility

### Nursing or registered healthcare professionals

Undertake all aspects of medicines management related activities in accordance within the company's medicines policies to ensure the safe, legal and appropriate use of medicines.

### Skilled non-registered staff

Undertake all aspects of medicines management related activities in accordance with the company's medicines policy where appropriate training has been given and competencies have been achieved.

#### Policies and Procedures

All colleagues must comply with the Company Policies and Procedures which can be found on the company intranet.

#### General

We are committed to serving our community. We aim to make our services exemplary in both clinical and operational aspects. We will show leadership in identifying healthcare needs to which we can respond and in determining the most cost-effective way of doing so.

We recruit competent staff that we support in maintaining and extending their skills in accordance with the needs of the people we serve. We will recognise the commitment from our staff to meeting the needs of our patients.

The company recognises a "non-smoking" policy. Employees are not able to smoke anywhere within the premises or when outside on official business.

## **Equal Opportunities**

It is the company's intention to be an employer of choice and ensure that no job applicants or employees are unfairly disadvantaged on the grounds of gender, disability, race, ethnic origin, colour, age, sexual orientation, religion or belief, trade union membership or any other factors that are not relevant to their capability or potential. To this end, the company has an Equality and Diversity policy and it is the responsibility of each employee to contribute to its success.

## Flexibility Statement

This job description is not exhaustive and may change as the post develops or changes to align with service needs. Any such changes will be discussed directly between the post holder and their line manager.





# **Personal Specification**

#### **Essential**

- Registered Nurse or Midwife
- Experience in working with children and families.
- Knowledge of national and local policy in Children's Service and Public Health.
- Understanding of child and adolescent development.
- Able to demonstrate a commitment and ability to promote and safeguard the welfare of children and young people with the skills to build sustainable professional boundaries and appropriate relationships with young people
- Excellent verbal and written communication skills, with the ability to communicate complex issues in plain language at all levels both within and outside the organisation.
- Ability to work alone and part of a multi-disciplinary team.
- Willingness to work across all areas of South Essex to meet the needs of the service.

#### **Desirable**

- Experience of working in a multi-disciplinary environment
- · Detailed knowledge and understanding of behaviour change theory and methods
- Mentorship qualification
- An interest in undertaking the Specialist Community Public Health

#### Manager signature

