

Job Title:	Emotional Wellbeing Practitioner (Counsellor) for 5-19 year olds		
Reports to (job title):	Senior Wellbeing Practitioner/Team Leader		
Line Manager to:	N/A		

### Job purpose

HCRG Care Group Wiltshire Children and Young People's emotional wellbeing service are currently seeking a passionate and experienced children and young person's counsellor to work in the team. You will provide support to children and young people who may be experiencing a range of issues, such as but not limited to anxiety, gender dysphoria, depression, family problems and self- harm. Support will be provided in person and/or remotely depending on the clients needs.

This role will is part of the wider wellbeing team who will be offering early support such as group work and positive activities with the aim of preventing escalation to more specialist CAMHS services. Within this service it is recognised that some children and young people require 1:1 'talking therapy'.

The post holder will have an active caseload of children and young people within the 'getting help' sphere of support and will use evidence-based therapeutic models. Low intensity, early interventions will be delivered in a range of settings and will include parental and family support.

### Key responsibilities

- Hold a case load of clients, delivering outcome-based interventions to support their wellbing
- Communicate effectively with a wide variety of professionals relevant to the role
- To deliver therapeutic interventions to children and young people, working independently which may at times mean lone working
- To undertake professional initial assessments of young people and formulate a plan for their treatment within the guidelines of the service
- To provide ongoing (up to 10 weeks) and one-off counselling to young people
- To support alternatives to one-to-one therapeutic work i.e., group work
- To maintain confidential case notes and records in a timely manner ensuring that they are stored securely using the specified case management systems
- To support outcome focused reporting of interventions
- To develop links to other agencies and services and have a good understanding of local services for signposting and onward referrals





- To positively manage risk and recognise and pro-actively respond to child protection and safeguarding issues escalating and referring as required
- To undertake regular supervision in line with regulation guidance

#### Our values

Our values are our moral compass and core to our DNA. They underpin the way we deliver our services and treat those who use our services.

To many organisations values are just words which don't translate into reality of the day to day but our values flow through everything that we do, they define who we are, what we stand for and set the expectations of our colleagues, communities, customers and partners. They have been defined by our colleagues and have been integral to our journey so far and will be integral to our future as well.

We have three values which help us stand out from the crowd, not just because there's only three, but because they are unique to who we are. We care, we think, and we do.

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### Confidentiality and Information Security

As our employee you will be required to uphold the confidentiality of all records held by the company, whether patients/service records or corporate information. This duty lasts indefinitely and will continue after you leave the company's employment.

All information which identifies living individuals in whatever form (paper/pictures, electronic data/images or voice) is covered by the 2018 Data Protection Act and should be managed in accordance with this legislation. This and all other information must be held in line with NHS national standards including the <a href="Records Management: NHS Code of Practice">Records Management: NHS Code of Practice</a>, <a href="NHS Constitution">NHS Code of Practice</a> or disclosed lawfully. Monitoring of compliance will be undertaken by the Company. Failure to adhere to Information Governance policies and procedures may result in disciplinary action and, where applicable, criminal prosecution.

## Information governance responsibilities

You are responsible for the following key aspects of Information Governance (not an exhaustive list):

Completion of annual information governance training





- Reading applicable policies and procedures
- Understanding key responsibilities outlined in the Information Governance acceptable usage policies and procedures including NHS mandated encryption requirements
- Ensuring the security and confidentiality of all records and personal information assets
- Maintaining timely and accurate record keeping and where appropriate, in accordance with professional guidelines
- Only using email accounts authorised by us. These should be used in accordance with the Sending and Transferring Information Securely Procedures and Acceptable Use Policies.
- Reporting information governance incidents and near misses on CIRIS or to the appropriate person e.g. line manager, Head of Information Governance, Information Security Lead
- Adherence to the clear desk/screen policy
- Only using approved equipment for conducting business

#### Governance

Clinical governance is a framework through which organisations delivering health and care services are accountable to continuously improving the quality of their services and safeguarding high standards of care by creating an environment in which clinical and other forms of care flourishes. Employees must be aware that clinical governance places a duty on all staff to ensure that the level of care services they deliver to patients is safe and high quality, and that they follow/comply with our policies and procedures.

### Registered Health Professional

All staff who are a member of a professional body must comply with standards of professional practice/conduct. It is the post holder's responsibility to ensure they are both familiar with and adhere to these requirements.

#### Risk Management/Health & Safety

The post holder has a responsibility to themselves and others in relation to managing risk, health and safety and will be required to work within the policies and procedures laid down by the company. Staff are required to observe the Hygiene Code and demonstrate good infection control and hand hygiene.

Employees must be aware of the responsibilities placed on them by the Health & Safety at Work Act (1974) to ensure that the agreed safety procedures are carried out to maintain a safe environment for other employees, patients and visitors. It is essential to observe strict fire and security precautions at all times.

All staff must report accidents, incidents and near misses so that the company can learn from them and improve safety.





# Safeguarding Children and Vulnerable Adults Responsibility

We are committed to safeguarding and promoting the welfare of children and adults at risk of harm and expects all employees to share this commitment.

### **Medicines Management Responsibility**

#### Nursing or registered healthcare professionals

Undertake all aspects of medicines management related activities in accordance within the company's medicines policies to ensure the safe, legal and appropriate use of medicines.

#### Skilled non-registered staff

Undertake all aspects of medicines management related activities in accordance with the company's medicines policy where appropriate training has been given and competencies have been achieved.

#### Policies and Procedures

All colleagues must comply with the Company Policies and Procedures which can be found on the company intranet.

#### General

We are committed to serving our community. We aim to make our services exemplary in both clinical and operational aspects. We will show leadership in identifying healthcare needs to which we can respond and in determining the most cost-effective way of doing so.

We recruit competent staff that we support in maintaining and extending their skills in accordance with the needs of the people we serve. We will recognise the commitment from our staff to meeting the needs of our patients.

The company recognises a "non-smoking" policy. Employees are not able to smoke anywhere within the premises or when outside on official business.

## **Equal Opportunities**

It is the company's intention to be an employer of choice and ensure that no job applicants or employees are unfairly disadvantaged on the grounds of gender, disability, race, ethnic origin, colour, age, sexual orientation, religion or belief, trade union membership or any other factors that are not relevant to their





capability or potential. To this end, the company has an Equality and Diversity policy and it is the responsibility of each employee to contribute to its success.

# **Flexibility Statement**

This job description is not exhaustive and may change as the post develops or changes to align with service needs. Any such changes will be discussed directly between the post holder and their line manager.





## **Personal Specification**

#### **Essential**

- Minimum level 4 Counselling Qualification
- BACP Membership/Registration
- Assessment, planning, formulaton and evaluation of patients pyschological difficulties
- Good understanding of routine outcome measures
- Application of evidence based psychological therapies relevant to clinical service
- Knowledge and direct clincal experience of adapting interventions and delivering them to children
- Experience of delivering and managing clinical risk
- Previous experience supporting vulnerable Children
- Ability to work autonomously but recognising the philosophy of effective integrated workign
- Ability to use word, powerpoint, email, excel and clinical systems
- Car driver and use of car

#### **Desirable**

- Clinical leadership experience
- Experienced in innovative clinical practice
- Other forms of therapeutic skills i.e. EMDR, Sand Tray

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#### Manager signature

